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|  | **Aim** | **Autumn:**  **Social & Emotional** | **Spring:**  **Physical** | |  |  |  |  | | --- | --- | --- | --- | | **Summer:**  **Intellectual & Spiritual** |  |  |  | |
| **EYFS** | To explore the wonder of being special and unique. | To recognise the joy of being a special person in my family. | |  | | --- | | To recognise that we are all  different and unique. | | |  | | --- | | To celebrate the joy of being a  special person in God’s family. | |
| **Year 1** | |  | | --- | | To focus on families and  specially growing up in a  loving, secure and stable  home. | | |  | | --- | | To recognise the signs that I am  loved in my family. | | |  | | --- | | To recognise how I am  cared for and kept safe in  my family. | | |  | | --- | | To celebrate ways that  God loves and cares for us. | |
| **Year 2** | |  | | --- | | To describe how we are  growing and developing in  diverse communities that  are God-given. | | |  | | --- | | To recognise the joy of  friendship of belonging to a  diverse community. | | |  | | --- | | To describe ways of being  safe in communities. | | |  | | --- | | To celebrate ways of  meeting God in our c  communities. | |
| **Year 3** | |  | | --- | | To describe and give reasons  for how we grow in love,  in caring and happy  friendships where we are  secure and safe. | | |  | | --- | | To describe and give reasons  how friendships make us  feel happy and safe. | | |  | | --- | | To describe and give  reasons why friendships  break down, how they  can be repaired and  strengthened. | | |  | | --- | | To celebrate the joy and  happiness of living in  friendship with God and others. | |
| **Year 4** | |  | | --- | | To make links and  connections to show that  we are all different. To  celebrate these differences  as we appreciate that  God’s love accepts us as  we are now and as we  change. | | |  | | --- | | To describe how we all  should be accepted and  respected. | | |  | | --- | | To describe how we  should treat others  making links with the  diverse modern society  we live in. | | |  | | --- | | To celebrate the uniqueness  and innate beauty of each of us. | |
| **Year 5** | |  | | --- | | To show a knowledge and  understanding of how we  grow in awareness of the  physical and emotional  changes that accompany  puberty, sensitivity, mood  swings, anger, boredom etc.,  and grow further in God’s  presence in our daily lives. | | |  | | --- | | To show knowledge and understanding of emotional relationship changes as we  grow and develop. | | |  | | --- | | To show knowledge and  understanding of the  physical changes in puberty. | | |  | | --- | | To celebrate the joy of  growing physically and  spiritually. | |
| **Year 6** | |  | | --- | | To develop a secure understanding of  what stable, caring relationships are  and the different kinds there may be.  Focussing on Catholic teaching, children will also  know and understand about the  conception of a child within Marriage | | |  | | --- | | To develop a secure  understanding that stable and  caring relationships, which may  be of difference types, are at the  heart of happy families. | | |  | | --- | | To explain how human life  in conceived. | | |  | | --- | | To show an understanding of  how being made in the image  and likeness of God informs  decisions and actions when  building relationships with  others, including life-long relationships | |