

ANY AGE WELCOME Teaching the FUNdamentals of football

- Girls are introduced to the basics of football (dribbling, directional kicking, striking, goal scoring etc)
- Helps with physical development and body control
- Improves confidence, cognitive and social skills
- Professional club coach with 16 years experience
- Quality facilities at Ruskin Sports Village St Helens

CONTACT NICK ON 07788 959 908 FOR A FREE TASTER SESSION

NIUKUKYS: 5.00PM - 6.00PM NONDAYS: 5.00PM - 6.00PM NUSKIN SPORTS VILLAGE

