

I Am Me, I Am Positivity

Draw a self-portrait of yourself in the mirror below. Choose positive affirmations from the list that describe something that you like about yourself, cut out them out and stick them around the mirror.



I Am Me, I Am Positivity

I am excited
about all that
awaits me today.

I am strong.

I am a
great friend.

I am amazed
with all I can
achieve in a day.

I am **me** and I am
proud of me.

I am so happy and
grateful for all the
love I receive.

I can
achieve my goals.

I am smart.

I am headed in the
right direction.

Miracles happen to
me all the time.

I am beautiful.

I am thankful
for each and
every person who
has loved me.

I am confident.

I see beauty.

I take opportunities
given to me.

I am thankful for
my family.

I can step out of
my comfort zone.

I am in the right
place at the right
time, doing the
right thing.

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I believe in myself.

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I am courageous.

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I am loved.

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Something amazing
is about to
happen for me.

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I am blessed.

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I am in control
of my life.

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I walk into
every room with
confidence.

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